Police Training Program Guide

A Problem-Based Learning Model for Law Enforcement

Vol. 2
Training Workbook

— All Phases



















Police Training Program Guide

Police Training Officer
Problem-Based Learning Model

Volume 2: Training Workbook - All Phases

Companion Guide to Volume 1: Program Overview & Appendices

Developed by POST Basic Training Bureau



CALIFORNIA COMMISSION ON PEACE OFFICER STANDARDS AND TRAINING

POLICE TRAINING PROGRAM GUIDE

POLICE TRAINING OFFICER / PROBLEM-BASED LEARNING MODEL

VOLUME 2: TRAINING WORKBOOK – ALL PHASES

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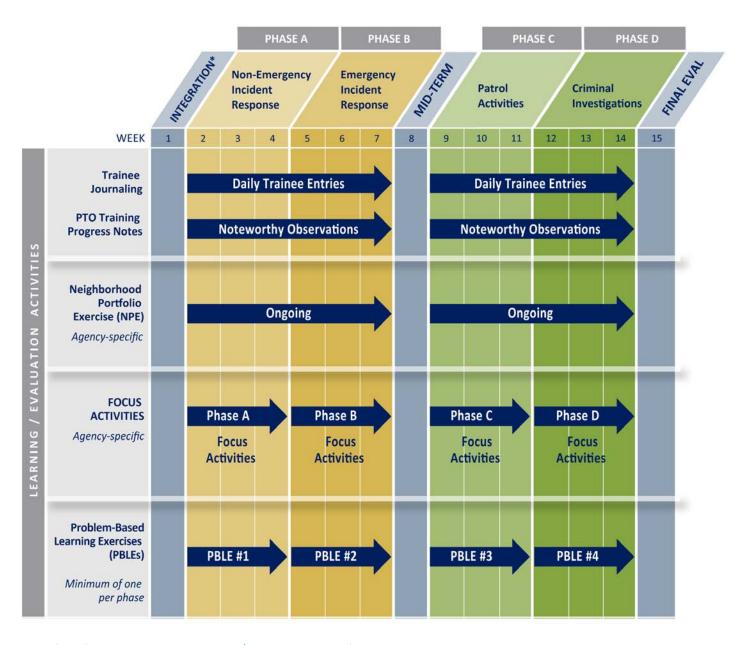
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Table 1.0
POLICE TRAINING PROGRAM (PTP) OVERVIEW



^{*}The first week is the i8ntegration/orientation period for PTO and trainee.

NOTE: Click on specific activity or mid-term or final evaluation for sample forms or additional information.

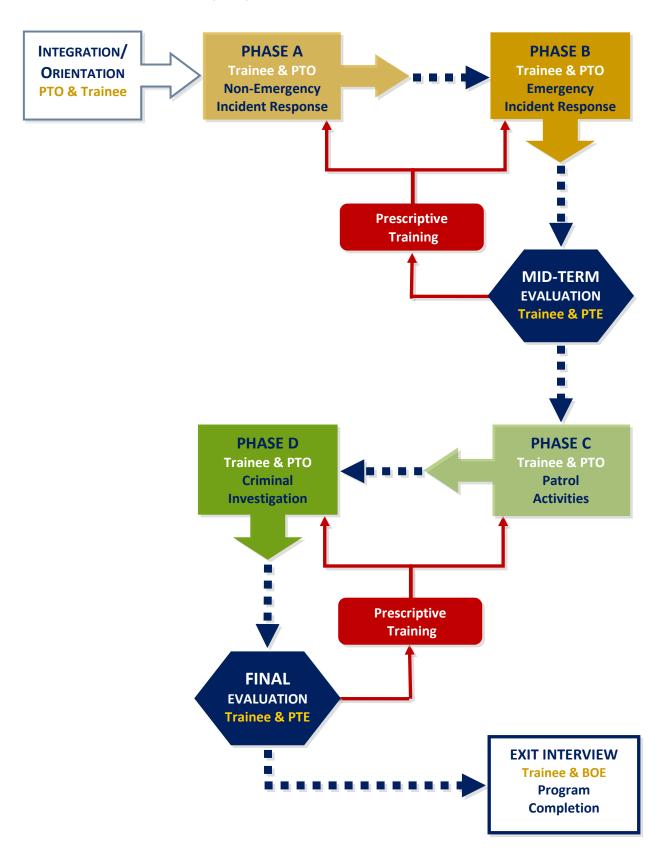
Table 2.1 THE LEARNING MATRIX GRID — Click on a specific performance outcome number or activity to view details.

		PHASE A	PHASE B	PHASE C	PHASE D
	CORE COMPETENCY	Non-Emergency Incident Response	Emergency Incident Response	Patrol Activities	Criminal Investigations
	1. Police Vehicle Operations	A1	B1	C1	D1
	2. Conflict Resolution	A2	B2	C2	D2
	3. Use of Force	A3	В3	С3	D3
S	4. Local Procedures, Policies, Laws, Philosophies	A4	В4	C4	D4
Z Z	5. Report Writing	A5	B5	C5	D5
0 0 2	6. Leadership	A6	B6	C6	D6
D U T	7. Problem-Solving Skills	A7	В7	С7	D7
CE	8. Community-Specific Problems	A8	B8	C8	D8
MAN	Cultural Diversity and Special Needs Groups	A9	В9	C9	D9
0 8	10. Legal Authority	A10	B10	C10	D10
ERF	11. Individual Rights	A11	B11	C11	D11
Ь	12. Officer Safety	A12	B12	C12	D12
	13. Communication Skills	A13	B13	C13	D13
	14. Ethics	A14	B14	C14	D14
	15. Lifestyle Stressors / Self- Awareness / Self-Regulation	A15	B15	C15	D15
	LEARNING ACTIVITIES (Click on activity for additional information)	Learning Matrix Trainee Journaling PTO Training Progress Notes Focus Activities* Implement Neighborhood Portfolio Exercise (NPE)*	 Learning Matrix Trainee Journaling PTO Training Progress Notes Focus Activities* Continue NPE 	 Learning Matrix Trainee Journaling PTO Training Progress Notes Focus Activities* Continue NPE 	 Learning Matrix Trainee Journaling PTO Training Progress Notes Focus Activities* Continue NPE
	EVALUATION ACTIVITIES (Click on activity for additional information**)	· Problem-Based Learning Exercises (PBL #1)	· PBLE #2	: PBLE #3	· PBLE #4

^{*}The Focus Activities for each phase and the Neighborhood Portfolio Exercise (PPE) are to be determined by the Agency.

^{**} NOTE: See specific Core Competencies (1 –15), Problem-Based Learning Exercises (PBLEs), and Performance Outcomes

Figure 1.0
POLICE TRAINING PROGRAM (PTP) PHASES



ALL PHASES Tracking Trainee Performance

OVERVIEW

DOCUMENTATION

The **PTO Training Progress Notes**, and **Trainee Journaling** are methods to track the trainee's performance for each core competency during each phase of training. These reports and journal entries allow the trainee and PTO to document specific training-worthy events for review, discussion, and feedback. Journaling offers trainees the ability to record relevant notes/questions/ideas and their own progress for self-evaluation and action plans.

The Process: STEP 1: Trainees are encouraged to complete their **Journal** entries after training-worthy events to analyze their performance, gather questions, and consider ways to improve. STEP 2: PTOs use their **Training Progress Notes** to record trainee performance following a training-worthy event. STEP 3: The trainee and PTO compare notes and discuss areas of strength, weakness, and action plans to build upon the trainee's progress. STEP 4: Based upon these observations, the PTE assesses the trainee's progress and competency for **Mid-term** and **Final Evaluation**.

CORE COMPETENCIES

Each core competency (1–15) for each phase contains the minimum POST content areas to be covered throughout the training program. Trainers and trainees shall discuss and become familiar with the topical areas (see <u>Volume 1</u>, <u>Appendix H</u>), and shall initial and date in the space provided to signify the training and comprehension of the topical material. For reference, core competencies are identified in the Journal entries and Progress Training Notes.

Trainee Responsibilities:

- Trainee will summarize his/her progress at the evaluation level for each core competency during each phase. *Trainee performance is to be measured against the Performance Outcomes for each phase.*
- Trainee will critically assess his/her abilities and include action plans to gain further knowledge in areas that the trainee believes require improvement.

PTO Responsibilities:

- PTO will review the trainee's summary and where appropriate provide feedback and direction.
- PTO should briefly describe areas of strength and weakness in any of the core competencies.
- When applicable, the PTO should comment on the trainee's strengths or weaknesses regarding emotional intelligence, (e.g., self-awareness, self-regulation, self-motivation, social awareness, and social skills).

SAMPLE TEMPLATES

The following templates provide *suggested formats* for **1**) <u>Trainee Journaling</u> and **2**) <u>PTO Training Progress Notes</u>. Continuation pages (see samples) should be provided to allow both trainee and PTO to make all comments they think are appropriate for each competency and session. Sample **Mid-term** and **Final Evaluation** forms are located in Volume **1**, Appendix F.

TRAINEE JOURNALING

☐ F	PHASE A	Рн	ASE B	PHAS	E C	PHASE D	ENTRY DATE	/ WEEK
	-Emergency Incident onse	Emerge Respon	ncy Incident se	Patrol Act	ivities	Criminal Investigation		
Traine	ee			Badge/ID	РТО		В	adge/ID
CO	RE COMPETENCIES	CC#	DISCUSSION T	ORIC				
		CC#	A. Describe even					
	each topic (A, B, C) er the CC numbers		1					
	ich apply and explain							
	events, reactions, etc		<u> </u>					
whi	ich you feel are		<u>]</u>					
	eworthy. Continue		1					
	nments on next page		j					
ıf no	eeded.]					
1.	Police Vehicle		<u> </u>					
	Operations		<u>J</u>					
2.	Conflict Resolution							
3.	Use of Force		B. Learning Issue	!S:				
4.	Local Procedures,		j					
	Policies, Laws, Philosophies		ļ					
5.	Report Writing		<u>]</u>					
э.	Report Writing		<u> </u>					
6.	Leadership							
7.	Problem-Solving Skill	s]					
8.	Community-Specific		<u></u>					
0.	Problems		j					
9.	Cultural Divorcity and	,	<u> </u>					
J.	Cultural Diversity and Special Needs Group	s	C Action Diag					
10	Legal Authority		C. Action Plan:					
10.	Legal Authority		j					
11.	Individual Rights							
12.	Officer Safety]					
13.	Communication Skills		<u></u>					
13.	Communication 3km	,]					
14.	Ethics]					
15.	Lifestyle Stressors /		<u> </u> 					
	Self-Awareness / Self-Regulation]					
			1000					
	Keep in mind CTR criteria: Ideas, known facts, learning issues, action plan, and evaluation.							

Ph	Phase: A B C D						
TR	AINEE JOURNALING	Entry Date:	Week:				
CC	MMENTS continued	Reference discussion topics and applicable	CC number(s)				

PTO TRAINING PROGRESS NOTES

	Phase A	Рн	ASE B	PHASE	С	PHASE D	ENTRY DATE / WEEK
Non Res	-Emergency Incident ponse	Emerge Respor	ency Incident ise	Patrol Acti	vities	Criminal Investigation	
Train	ee			Badge/ID	PTO		Badge/ID
CC	ORE COMPETENCIES	CC#	DISCUSSION TO	OPIC			
ent wh any eve	r each topic (A, B, C) ter the CC numbers sich apply and record y training-worthy ents, observations, etc ntinue comments on xt page if needed.		A. Describe event	t:			
1.	Police Vehicle Operations						
2.	Conflict Resolution						
3.	Use of Force		B. Learning Issue	s:			
4.	Local Procedures, Policies, Laws, Philosophies						
5.	Report Writing						
6.	Leadership						
7.	Problem-Solving Skill	s					
8.	Community-Specific Problems						
9.	Cultural Diversity and Special Needs Group		C. Action Plan:				
10.	Legal Authority						
11.	Individual Rights						
12.	Officer Safety						
13.	Communication Skills	s					
14.	Ethics						
15.	Lifestyle Stressors / Self-Awareness / Self-Regulation						
	Keep in mind CTR criteria: Ideas, known facts, learning issues, action plan, and evaluation.						

Phase: □ A □ B □ C □ D		
PTO TRAINING PROGRESS NOTES	Entry Date:	Week:
COMMENTS continued	Reference discussion topics and applica	able CC number(s)
EVALUATION		

COMPONENTS

WEEKS 2-4

LEARNING ACTIVITIES

- Learning Matrix
- Trainee Journaling
- PTO Training Progress Notes
- Focus Activities

EVALUATION ACTIVITIES

- · Problem-Based Learning Exercise
 - ▶ PBLE #1 Vehicle Stop

NEIGHBORHOOD PORTFOLIO EXERCISE (NPE) – To be determined

CORE COMPETENCY PERFORMANCE OUTCOMES

- A1 Police Vehicle Operations
- A2 Conflict Resolution
- A3 Use of Force
- A4 Local Procedures, Policies, and Ordinances
- A5 Report Writing
- A6 Leadership
- A7 Problem-Solving Skills
- A8 Community-Specific Problems
- A9 Cultural Diversity and Special Needs Groups
- A10 Legal Authority
- A11 Individual Rights
- A12 Officer Safety
- A13 Communication Skills
- A14 Ethics
- A15 Lifestyle Stressors/Self-Awareness/Self-Regulation

TRAINING PHASE FOCUS ACTIVITIES

Trainee	Badge/ID	РТО	Badge/ID

INSTRUCTIONS: Focus Activities are high-frequency events that are agency-specific for each Training Phase (A, B, C, D). The activities should encompass all aspects of responding to or completing the activity. The goals of the focus activities listed below center on the <u>Performance Outcomes</u> for this specific phase.

		ENTER DATE(S)		
	FOCUS ACTIVITIES — PHASE A	OBSERVED	DISCUSSED	APPLIED
1	EXAMPLE: Non-violent In-custody arrests			
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
21				
22				
23				
24				
25				
26				

PROBLEM-BASED LEARNING EXERCISE

Present your findings to your PTO on this date:

VERBAL REPORT

WRITTEN REPORT

Your method of presentation will be:

PBLE #1: Vehicle Stop

You and your parti

You and your partner stop a car on a busy street with a great deal of pedestrian and vehicular traffic. You have stopped the car for speeding in a school zone. Upon stopping the vehicle, you notice the passengers in the rear seats strapping on their seatbelts. As you approach the vehicle, you note the windows are down and you hear agitated voices. All occupants of the vehicle are from the same minority ethnic group. The passenger in the front seat complains loudly to the others about racial profiling. At this point he has not yet seen you. Several passers by have stopped to watch the event. Upon request, the driver produces identification, but the passengers are argumentative and refuse to identify themselves.

INSTRUCTIONS TO TRAINEE: You must present two or more possible outcomes for this problem-based learning exercise to your PTO. In each instance, you must include the following:

IDEAS: Record your initial responses.	What are your initial thoughts on solving this problem?Explain to your PTO two possible ways you can deal with this situation.				
KNOWN FACTS: List all known facts.	What do you know? EXAMPLE: You are in a school zone; the vehicle passengers will not provide I.D.				
LEARNING ISSUE: Use the <u>Learning Matrix</u> to identify relevant content for each decision.	 What do you need to know to solve this problem? Where can you find it? What resources are available to solve this problem? EXAMPLE: What do you know about racial profiling, and what conflict resolution skills are most appropriate in this circumstance. 				
ACTION PLAN:	 What are you going to do to meet your learning needs? What are the possibilities to resolve the problem? REMINDER: This is an ill-structured problem; your action plan does not simple solution. 				
PRESENTATION/ EVALUATION:	 The trainee, in consultation with the present solutions to this problem. The report, a formal presentation, demon patrol work with your PTO, or other results. Use the <u>PBLE Guideline</u> to complete and the presentation of the presentation. 	ese may include a verbal r istrations incorporating ex nethods that best suit you	eport, a written amples from your r abilities.		
TO Name:		Badge/ID:	WEEKS 2–4		

OTHER:

Time (if verbal):

FORMAL PRESENTATION/DEMONSTRATION

☐ AM ☐ PM

PROBLEM-BASED LEARNING EXERCISE — GUIDELINE

PBLE #1: Vehicle Stop

Trair	ee	Badge/ID	
РТО	Badge/ID WRITTEN		
	INSTRUCTIONS TO TRAINEE: Use your <u>learning matrix</u> to answer questions 1–5 for you	r written or ver	<i>bal</i> report.
Trai	nee Comments	PTO Comment	s
	What did you learn from this community problem? (Use specific examples and refer to the cells in the matrix.) Describe the core competencies that you developed during this exercise.		
2a.	Did you initially formulate assumptions (ideas) that you later realized would not work? Explain.		
2b.			

PBLE Guideline: Phase A

PBLE #1: Vehicle Stop

		PTO Community
	nee Comments	PTO Comments
3a.	Identify important information or skills that you acquired during this problem-solving exercise.	
3b.	Explain why you chose these (e.g., to identify laws, contacts, or behaviors that you will use again).	
4a.	Evaluate your own problem-solving process regarding the listing of known facts, finding answers to questions, and devising the action plan.	
4b. 4c.	Did you list all the facts? Did you ask the right questions? What questions would you ask now?	
4d.	Was your action plan realistic and achievable?	
5a.	What competencies, skills, community contacts, and knowledge do you need to improve or develop more fully to deal with this type of problem in the future?	
5b.	Explain and indicate how you intend to improve or develop these?	

PROBLEM-BASED LEARNING EXERCISE — COMPLETED

PBLE #1 Trainee	: Vehicle Stop	Badge/ID	РТО		Badge/ID
PRESENT	ATION FORMAT				
	cer/Deputy g one of the following format op		completed	this PBLE for this ph	ase
	□ VERBAL REPORT	☐ FORMAL	PRESENTATION/DEMC	NSTRATION	
	☐ WRITTEN REPORT	□ OTHER:			
DOCUME	NTATION (briefly describe form an	nd location of doc	cumentation)		
	officer/deputy in training satisfa learning is documented as follow		ed this exercise and solv	ed his/her learning i	ssues.
SIGNATU	RES				
Traine	ee >			Date	
PTO	<u> </u>			Date	
Print full na	ame of PTP SAC:			Badge/ID:	
PTP S	AC >			Date	

CORE COMPETENCY PERFORMANCE OUTCOMES

A1 – Police Vehicle Operations

Definition

Ability to operate a patrol vehicle in a safe and efficient manner and to position the vehicle appropriate for the situation.

Abilities / Knowledge		PTO	Date
Patrol vehicle inspection			
Patrol vehicle operation safety			
 Patrol driving, Defensive driving, Vehicle positioning, SAFE (Situation-Appropriate, Focused and Educated) Driving 			
Tactical Seatbelt Removal			
Proper vehicle stops			
Situational awareness, Vehicle maintenance			
Geographical awareness, Directed and beat patrol strategies			

Performance Outcomes

- 1. Trainee will describe proper non-emergency vehicle operations.
- 2. Trainee will demonstrate the proper use of a patrol vehicle during non-emergency operations.
- 3. Trainee will assess and explain non-emergency vehicle operation.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- · California Vehicle Code
- Department Policy
- POST website

CORE COMPETENCY PERFORMANCE OUTCOMES

A2 – Conflict Resolution

Definition

Ability to mediate disagreements by resolving a conflict using appropriate communication skills.

Abilities / Knowledge	<u>Trainee</u>	PTO	Date
Handling disputes (criminal and civil)			
Using verbal skills to resolve conflict			
Defusing violent situations, Crisis intervention			
 Facilitating collaboration, Developing interpersonal relationships, Dealing with witnesses and victims 			
Using tactical communication to gain voluntary compliance and resolve situations			

Performance Outcomes

- 1. Trainee will identify the proper techniques to resolve conflict in a non-emergency situation.
- 2. Trainee will recommend a resolution or solve conflicts in a non-emergency situation.
- 3. Trainee will assess and evaluate conflict resolution strategies in a non-emergency event.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #24: Handling Disputes/Crowd Control

CORE COMPETENCY PERFORMANCE OUTCOMES

A3 – Use of Force

Definition

Ability to distinguish and apply reasonable force options in given circumstances in accordance with state law and agency policy and procedure.

Abilities / Knowledge		PTO	Date
Use of force policy			
Appropriate body positioning during contacts			
Use of contact/Cover concepts			
 Use of small-unit tactics, Applying the use of force (options) alternatives 			
Using less lethal and lethal weapons, Physical arrests			
• Detentions			
Pedestrian stops			
Maintaining and securing equipment			

Performance Outcomes

- 1. Trainee will recognize use of force issues in a non-emergency situation.
- 2. Trainee will demonstrate proper use of force methods in all non-emergency situations.
- 3. Trainee will evaluate and explain the different aspects of the use of force alternatives.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- California Peace Officer Legal Sourcebook
- General Orders and Department Policies

CORE COMPETENCY PERFORMANCE OUTCOMES

A4 – Local Procedures, Policies, and Ordinances

Definition

Ability to demonstrate knowledge of procedures or policies developed by the agency to address tactics or required actions in given circumstances.

Abilities / Knowledge	<u>Trainee</u>	PTO	Date
 Federal law, State statutes, Municipal code, General orders, Organizational philosophy 			
Agency policies, procedures, and protocols, Missing persons			
Self-initiated activities such as Vehicle stops			
Pedestrian stops			
Directed patrol			
• Arrests			

Performance Outcomes

- 1. Trainee will identify and describe the different policies, laws, and department philosophies.
- 2. Trainee will properly apply all federal, state, and local laws, codes, policies, and philosophies to their specific assignment.
- 3. Trainee will evaluate and compare different procedures, policies, and laws that apply to the handling of non-emergency incidents.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- California Peace Officer Legal Sourcebook
- Department Policy

CORE COMPETENCY PERFORMANCE OUTCOMES

A5 – Report Writing

Definition

Ability to document required reports in a factual, accurate, clear, concise, complete, and timely manner.

Abilities / Knowledge		PTO	Date
 Reporting procedures, Department report writing system, Outline system for case preparation, Producing clear, concise, and grammatically correct reports 			
Using appropriate report forms, Maintaining accurate field notes			
Report writing			
Impounding vehicles			
Storing vehicles			
Vehicle collisions			
• DUI investigations			

Performance Outcomes

- 1. Trainee will identify and collect pertinent information to complete the report writing process in a timely manner.
- 2. Trainee will properly complete all required forms and any other related information concerning the report writing process in a timely, grammatically correct manner.
- 3. Trainee will evaluate the effectiveness of previously completed reports (e.g., charges filed or dropped by District Attorney) related to non-emergency incidents.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #18: Investigative Report Writing

CORE COMPETENCY PERFORMANCE OUTCOMES

A6 – Leadership

Definition

Ability to influence people while using ethical values and goals to produce an intended change.

Abilities / Knowledge Influencing people to solve their own problem, Engaging in peer assistance, Creating community partnerships, Ethical behavior, Role modeling and mentoring, Providing leadership through service

Performance Outcomes

- 1. Trainee will explain his/her leadership roles in the community and peer group.
- 2. Trainee will display leadership ability in non-emergency situations.
- 3. Trainee will evaluate his/her own leadership ability in the scope of his/her role in non- emergency situations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- POST Learning Domain Workbook: LD #1: History, Professionalism, and Ethics
- POST Publication: Becoming an Exemplary Peace Officer An Introduction to Peace Officer Training

CORE COMPETENCY PERFORMANCE OUTCOMES

A7 – Problem-Solving Skills

Definition

Ability to analyze situations, identify the real problem, and implement plans to solve problems in a timely manner using verbal or physical skills to determine the appropriate resolution to a situation.

Abilities / Knowledge		<u>Trainee</u>	PTO	Date
•	Critically assessing a call and addressing primary and secondary issues			
•	Taking control of a call and making the appropriate disposition			
•	Identifying community problems, Using outside government resources, Creating partnerships with community resources, Crime analysis, Crime Prevention Through Environmental Design (CPTED)			
•	Using the PBL process (ideas, known facts, learning issues, action plan, evaluation)			

Performance Outcomes

- 1. Trainee will identify and define problems encountered in a non-emergency situation.
- 2. Trainee will apply knowledge and demonstrate proper solutions to problems in non-emergency situations.
- 3. Trainee will evaluate his/her problem-solving process and support his/her decisions in the problem-solving process.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- Problem-Oriented Policing by Herman Goldstein
- · Fixing Broken Windows by George L. Kelling

CORE COMPETENCY PERFORMANCE OUTCOMES

A8 – Community-Specific Problems

Definition

Ability to Identify, prioritize, and address issues that will improve the community's quality of life while recognizing that effective problem solving is a process that identifies and addresses the underlying causes of crime and disorder in the community.

Αl	Abilities / Knowledge		PTO	Date
•	Identifying community problems, Identifying how crime problems may impact communities, Identifying quality-of-life issues, Using community members and resources to collaborate in resolving community issues, Crime analysis, Use of other government resources to support problem solutions, Community Relations and Service			
•	Community Policing/POP			
•	Gang awareness			
•	Hate crimes			

Performance Outcomes

- 1. Trainee will identify community-specific problems.
- 2. Trainee will demonstrate proficiency in creating partnerships and solving problems within his/her geographic assignment.
- 3. Trainee will recommend and support his/her decisions in dealing with community-specific problems.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- POST Learning Domain Workbook: LD #3: Policing the Community
- <u>POST Publication</u>: Hate Crimes Policy Guidelines

CORE COMPETENCY PERFORMANCE OUTCOMES

A9 – Cultural Diversity and Special Needs Groups

Definition

Ability to understand and respect racial and cultural differences, and develop effective, non-combative methods to carry out law enforcement duties in a racially and culturally diverse environment.

Abilities / Knowledge		<u>Trainee</u>	PTO	Date
•	Cultural diversity			
•	Recognizing and responding to social, economic, and linguistic differences, <u>Dealing</u> with Mentally III People			
	and responding to special needs groups/Persons with Disabilities			
•	Hate crimes			

Performance Outcomes

- 1. Trainee will identify and describe a culturally diverse situation.
- 2. Trainee will demonstrate and apply his/her knowledge to effectively address diversity issues.
- 3. Trainee will explain and support his/her methods of appropriately dealing with different cultures.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- POST Learning Domain Workbook: LD #42: Cultural Diversity/Discrimination
- POST Publication: Police Response to People with Mental Illness or Developmental Disability A Field Guide AVAILABLE IN PRINT ONLY TO ORDER: Contact POST <u>Training Program Services</u> at 916 227-4885
- POST Publication: Hate Crimes Policy Guidelines

CORE COMPETENCY PERFORMANCE OUTCOMES

A10 – Legal Authority

Definition

Ability to identify and properly apply the laws related to phase-specific situations.

Abilities / Knowledge	<u>Trainee</u>	PTO_	Date
 Case law, Obligations of arrest authority, High liability issues, Use of Force 			
Tenant/Landlord issues			
 Legal powers during a criminal investigation, Criminal and civil processes, Subpoenas 			
Rules of Evidence Collection/Preservation			
Arrest Warrants and Search Warrants			
Pedestrian Stops			
 Use of California Codes and Law, including Criminal Law Vehicle Code Probable Cause 			
Laws of ArrestJuvenile Law and Procedure			
Additional Laws (ABC, Probation, Parole)			

Performance Outcomes

- 1. Trainee will identify appropriate use of legal authority in non-emergency situations.
- 2. Trainee will demonstrate his/her knowledge of legal authority in non-emergency situations.
- 3. Trainee will evaluate his/her legal authority for decisions made during a non-emergency situation.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- California Peace Officer Legal Sourcebook
- Applicable POST Learning Domain Workbooks

CORE COMPETENCY PERFORMANCE OUTCOMES

A11 – Individual Rights

Definition

Ability to identify and apply the constitutional rights governing consensual encounters, detentions, and arrest.

Abilities / Knowledge	<u>Trainee</u>	PTO	Date
 Fair and equitable treatment of people based on the U.S. Constitution, Individual's rights while in custody (booking prisoners) 			
Racially-biased policing (racial profiling)			
Individual's rights during a criminal investigation, Miranda rights			
Search concepts			
Seizure concepts			
Legal responsibility/required with prisoners			

Performance Outcomes

- 1. Trainee will identify an individual's rights in any non-emergency situation.
- 2. Trainee will apply his/her knowledge in relation to an individual's rights and needs.
- 3. Trainee will evaluate the effectiveness of his/her actions regarding individual rights.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- California Peace Officer Legal Sourcebook
- Applicable POST Learning Domain Workbooks

CORE COMPETENCY PERFORMANCE OUTCOMES

A12 – Officer Safety

Definition

Ability to demonstrate situational and tactical awareness and respond appropriately.

Abilities / Knowledge	<u>Trainee</u>	PTO	Date
 Tactical awareness, Awareness of activity in immediate surroundings, Proper use of equipment, Use of Contact/Cover concepts 			
Violent confrontations, Control of Persons/Searches of Persons			
Handcuffing			
Searching Buildings, Structures, and Vehicles			
Weapons handling, Vehicle positioning, Prisoner Transport			
Vehicle stops			
 Bloodborne pathogens, Handling hazardous evidence, Identification of hazardous materials, Critical incident response, Demonstrates awareness of Officer Survival techniques 			

Performance Outcomes

- 1. Trainee will identify when to apply officer safety tactics in non-emergency situations.
- 2. Trainee will demonstrate proper officer safety tactics at all times in non-emergency situations.
- 3. Trainee will evaluate his/her decisions concerning officer safety tactics in non-emergency situations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

CORE COMPETENCY PERFORMANCE OUTCOMES

A13 – Communication Skills

Definition

Ability to use effective verbal and non-verbal skills to convey intended meaning and establish understanding.

Abilities / Knowledge	Trainee	PTO	Date
 Professional and appropriate communication with the public and co-workers (demeanor/communication) 			
 Procedures for using the police radio and computer, Information systems/ telecommunications 			
Radio communications			
 Voice control and command, Tactical communication, Sharing information within the organization, Effective writing and note taking, Active listening, Proper release of information procedures 			

Performance Outcomes

- 1. Trainee will identify effective verbal and non-verbal communication.
- 2. Trainee will consistently demonstrate effective verbal and non-verbal communication.
- 3. Trainee will evaluate his/her effective or ineffective communication.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

CORE COMPETENCY PERFORMANCE OUTCOMES

A14 – Ethics

Definition

Ability to apply accepted principles of conduct that govern decisions and actions based on professional values and expectations.

Al	bilities / Knowledge	<u>Trainee</u>	PTO	Date
•	Scope and authority of the police officer position, Abuse of power, Respecting privacy concerns of victims, Displaying professional behavior on duty, Mitigating conflicts of interests between law enforcement and the community, Demonstrates a proactive work ethic (including time management and attendance)			

Performance Outcomes

- 1. Trainee will describe what his/her ethics are and how they align with the department's position on ethical behavior.
- 2. Trainee will demonstrate ethical decision making and conduct.
- 3. Trainee will discuss the proper procedure for reporting ethic violations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- Law Enforcement Code of Ethics
- POST Publication: Becoming an Exemplary Peace Officer An Introduction to Peace Officer Training

CORE COMPETENCY PERFORMANCE OUTCOMES

A15 – Lifestyle Stressors / Self-Awareness / Self-Regulation

Definition

Ability to maintain self-control and make timely, rational decisions in stressful situations; ability to identify areas in need of improvement and self confidence; and awareness of public image, personal biases, and self-motivation.

Abilities / Knowledge		<u>Trainee</u>	PTO	Date
 Awareness of situations that cause person and making rational decisions 	nal stress, Remaining calm			
 Participating in situational debriefings, Id improvement 	entifying areas in need of			
 Assessing mental alertness and self-confid Awareness of public image, Awareness of the impact of police activities on the com Self-motivation, Having a sense of self- avand weaknesses) 	f personal biases, Realizing nmunity, Balancing workload,			

Performance Outcomes

- 1. Trainee will identify life stressors from on- and off-duty situations.
- 2. Trainee will demonstrate self-awareness and self-regulation.
- 3. Trainee will assess his/her ability to measure their personal lifestyle stressors and evaluate effective methods to reduce the impact of stress.

NOTE: See Volume 1, <u>Appendix H</u>, for POST's **Minimum Content Areas** for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #32: Lifetime Fitness

COMPONENTS

WEEKS 5–7

LEARNING ACTIVITIES

- Learning Matrix
- Trainee Journaling
- PTO Training Progress Notes
- Focus Activities

EVALUATION ACTIVITIES

- · Problem-Based Learning Exercise
 - ▶ PBLE #2: Disorderly at Bar Radio Call

NEIGHBORHOOD PORTFOLIO EXERCISE (NPE) – To be determined

CORE COMPETENCY PERFORMANCE OUTCOMES

- B1 Police Vehicle Operations
- B2 Conflict Resolution
- B3 Use of Force
- B4 Local Procedures, Policies, and Ordinances
- **B5** Report Writing
- B6 Leadership
- B7 Problem-Solving Skills
- B8 Community-Specific Problems
- B9 Cultural Diversity and Special Needs Groups
- B10 Legal Authority
- B11 Individual Rights
- B12 Officer Safety
- **B13** Communication Skills
- B14 Ethics
- B15 Lifestyle Stressors/Self-Awareness/Self-Regulation

TRAINING PHASE FOCUS ACTIVITIES

Trainee	Badge/ID	РТО	Badge/ID

INSTRUCTIONS: Focus Activities are high-frequency events that are agency-specific for each Training Phase (A, B, C, D). The activities should encompass all aspects of responding to or completing the activity. The goals of the focus activities listed below center on the <u>Performance Outcomes</u> for this specific phase.

		ENTER DATE(S)		
	FOCUS ACTIVITIES — PHASE A	OBSERVED	DISCUSSED	APPLIED
1	EXAMPLE: Officers in need of emergency assistance			
2	EXAMPLE: High-risk vehicle stops			
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
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14				
15				
16				
17				
18				
19				
20				
21				
22				
23				
24				
2				
26				

PROBLEM-BASED LEARNING EXERCISE

PBLE #2: Disorderly at Bar Radio Call

You are on solo patrol at 1:00 A.M. You receive a radio call from a bar owner on the opposite side of your patrol area. He reports that an extremely agitated person has destroyed property in the bar and driven off without paying. The owner believes the driver also struck another vehicle in the parking lot as he sped off. The bar owner reports the driver and one female passenger as occupants of the vehicle. You respond to the call and, while en route to the bar, you observe that the suspect's vehicle has struck another car and is stalled in the middle of the road. Both driver and passenger are still in the vehicle. Back-up officers are en route.

INSTRUCTIONS TO TRAINEE: You must present two or more possible outcomes for this problem-based learning exercise to your PTO. In each instance, you must include the following:

IDEAS: Record your initial responses.	What are your initial thoughts on solving this problem?Explain to your PTO two possible ways you can deal with this situation.				
KNOWN FACTS: List all known facts.	 What do you need to know to solve this problem? Where can you find it? What resources are available to solve this problem? EXAMPLE: There has been at least one motor vehicle accident. There has been a complaint about a bar fight and possible suspects are in the vehicle. 				
LEARNING ISSUE: Use the <u>Learning Matrix</u> to identify relevant content for each decision.	 What are you going to do to meet your learning needs? What are the possibilities to resolve the problem? REMINDER: This is an ill-structured problem; your action plan does not have a simple solution. 				
ACTION PLAN:	 What do you need to know to solve this problem? Where can you find it? What resources are available to solve this problem? EXAMPLE: What laws do you need to know and what are the procedures for impounding vehicles? 				
PRESENTATION/ EVALUATION:	 The trainee, in consultation with the PTO, will determine the best method to present solutions to this problem. These may include a verbal report, a written report, a formal presentation, demonstrations incorporating examples from your patrol work with your PTO, or other methods that best suit your abilities. Use the <u>PBLE Guideline</u> to complete a PBLE written or verbal report. 				
PTO Name:		Badge/ID:	WEEKS 5–7		
Present your findings to your PTO o	resent your findings to your PTO on this date: Time (if verbal): AM				
UERBA	our method of presentation will be: VERBAL REPORT FORMAL PRESENTATION/DEMONSTRATION WRITTEN REPORT OTHER:				

PROBLEM-BASED LEARNING EXERCISE — GUIDELINE

РВ	LE #2: Disorderly at Bar Radio Call		
Traii		Badge/ID	Report Date:
РТО		Badge/ID	WRITTEN REPORT VERBAL REPORT
	INSTRUCTIONS TO TRAINEE: Use your <u>learning matrix</u> to answer questions 1–5 for your	r written or ver	<i>bal</i> report.
Trai	nee Comments	PTO Comment	S
1a. 1b.	What did you learn from this community problem? (Use specific examples and refer to the cells in the matrix.) Describe the core competencies that you developed during this exercise.		
2 a.	Did you initially formulate assumptions (ideas) that you later realized would not work? Explain.		
2b.	Could these assumptions be transferred to another problem? Where?		

PBLE Guideline: Phase B

PBLE #2: Disorderly at Bar Radio Call

		PTO 0
	nee Comments	PTO Comments
3a.	Identify important information or skills that you acquired during this problem-solving exercise.	
3b.	Explain why you chose these (e.g., to identify laws, contacts, or behaviors that you will use again).	
4a.	Evaluate your own problem-solving process regarding the listing of known facts, finding answers to questions, and devising the action plan.	
4b. 4c.	Did you list all the facts? Did you ask the right questions? What questions would you ask now?	
4c. 4d.	Was your action plan realistic and achievable?	
5a.	What competencies, skills, community contacts, and knowledge do you need to improve or develop more fully to deal with this type of problem in the future?	
5b.	Explain and indicate how you intend to improve or develop these?	

PROBLEM-BASED LEARNING EXERCISE — COMPLETED

PBLE #2: Disorderly at Bar Radio Cal	<u> </u>			
Trainee	Badge/ID	РТО		Badge/ID
PRESENTATION FORMAT				
Officer/Deputy using one of the following format opt		completed	this PBLE for this ph	ase
□ VERBAL REPORT	☐ FORMAL	. PRESENTATION/DEMO	NSTRATION	
☐ WRITTEN REPORT	☐ OTHER:			
DOCUMENTATION (briefly describe form and	d location of do	cumentation)		
The officer/deputy in training satisfactory This learning is documented as follows:		ted this exercise and solv	ed his/her learning i	issues.
SIGNATURES				
Trainee			Date	
РТО ▶			Date	
Print full name of PTP SAC:			Badge/ID:	
PTP SAC ▶			Date	

CORE COMPETENCY PERFORMANCE OUTCOMES

B1 Police Vehicle Operations

Definition

Ability to operate a patrol vehicle in a safe and efficient manner and to position the vehicle appropriate to the situation.

A	bilities / Knowledge	<u>Trainee</u>	PTO	Date
•	Emergency vehicle operations/pursuits			
•	Vehicle operations liability			
•	High speed police pursuits, High-risk vehicle stops			
	and interventions, Awareness of location and conditions during emergency			
•	Emergency response such as emergency lights, siren, radio equipment			
•	Responding to crimes in progress			
•	Defensive responses during these types of operations, Vehicle position at the scene			

Performance Outcomes

- 1. Trainee will describe proper emergency vehicle operations.
- 2. Trainee will demonstrate the proper use of a patrol vehicle during emergency operations.
- 3. Trainee will assess and explain emergency vehicle operation.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- · California Vehicle Code
- · Department Policy

CORE COMPETENCY PERFORMANCE OUTCOMES

B2 Conflict Resolution

Definition

Ability to mediate disagreements by resolving a conflict using appropriate communication skills.

A	Abilities / Knowledge		PTO	Date
•	Handling Disputes			
•	Responding to and diffusing calls involving violence, Crisis intervention during Domestic Disputes			
•	Developing interpersonal relationships, Dealing with witnesses and victims, Using Tactical Communication to gain voluntary compliance			

Performance Outcomes

- 1. Trainee will identify the available options concerning conflict resolution.
- 2. Trainee will demonstrate the ability to resolve conflicts in an emergency situation.
- 3. Trainee will evaluate the effectiveness of his/her use of the conflict resolution resources available.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #24: Handling Disputes/Crowd Control

CORE COMPETENCY PERFORMANCE OUTCOMES

B3 Use of Force

Definition

Ability to distinguish and apply reasonable force options in given circumstances in accordance with state law and agency policy and procedure.

Abilities / Knowledge	<u>Trainee</u>	PTO	Date
 Applying the use of force matrix/continuum, Use of lethal and less than lethal weapons, Physical arrests and detentions 			
Maintaining and securing equipment Force options			

Performance Outcomes

- 1. Trainee will describe the use-of-force options and reporting requirements.
- 2. Trainee will demonstrate reasonable use of force in emergency situations.
- 3. Trainee will evaluate his/her use of force and effectiveness after an emergency situation.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #20, Use of Force

CORE COMPETENCY PERFORMANCE OUTCOMES

B4 Local Procedures, Policies, and Ordinances

Definition

Ability to demonstrate knowledge of procedures or policies developed by the agency to address tactics or required actions in given circumstances.

Abilities / Knowledge	<u>Trainee</u>	PTO	Date
 Major emergencies and disasters, Bomb threats, Responding to high-risk crimes in progress 			
 Federal law; State statutes, Municipal code, General orders, Organizational philosophy, Agency policies, procedures, and protocols, Missing persons 			
Self-initiated activities such as Vehicle Stops			
Pedestrian Stops			
Directed Patrol, Arrests			
Workplace Harassments			

Performance Outcomes

- 1. Trainee will identify the local procedures, policies, laws, and philosophies that affect emergency responses.
- 2. Trainee will apply the correct laws, policies, and procedures to an emergency response situation.
- 3. Trainee will select and compare different procedures, policies, and laws that apply to the handling of emergency incidents.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• California Peace Officer Legal Sourcebook

CORE COMPETENCY PERFORMANCE OUTCOMES

B5 Report Writing

Definition

Ability to document required reports in a factual, accurate, clear, concise, complete, and timely manner.

Abilities / Knowledge		PTO	Date
 Report forms for emergency incidents, Departmental administrative reports for emergency incidents, Outline system for case preparation, Producing clear, concise, and grammatically correct reports 			
Maintaining accurate Field Notes			
Report writing			

Performance Outcomes

- 1. Trainee will describe the reporting requirements for emergency incidents.
- 2. Trainee will demonstrate effective report writing to document emergency incidents.
- 3. Trainee will evaluate the effectiveness of his/her report writing skills related to emergency incidents.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #18: Investigative Report Writing

CORE COMPETENCY PERFORMANCE OUTCOMES

B6 Leadership

Definition

Ability to influence people, while using ethical values and goals to produce an intended change.

Abilities / Knowledge Influencing people to solve their own problems, Engaging in peer assistance, Creating community partnerships, Ethical behavior, Role modeling and mentoring, Providing leadership through service and values Trainee PTO Date PTO Date

Performance Outcomes

- 1. Trainee will explain his/her leadership role in emergency situations.
- 2. Trainee will display leadership ability in emergency situations.
- 3. Trainee will evaluate his/her own leadership ability in emergency situations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- POST Learning Domain Workbook: LD #1: History, Professionalism, and Ethics
- POST Publication: Becoming an Exemplary Peace Officer An Introduction to Peace Officer Training

CORE COMPETENCY PERFORMANCE OUTCOMES

B7 Problem-Solving Skills

Definition

Ability to analyze situations, identify the real problem, and implement plans to solve problems in a timely manner using verbal or physical skills to determine the appropriate resolution to a situation.

Abil	ities / Knowledge	<u>Trainee</u>	PTO	Date
• C	ritically assessing a call and addressing primary and secondary issues			
• T	aking control of a call and making the appropriate disposition			
er is a ar	sing the PBL process (ideas, known facts, learning issues, action plan, valuation), Awareness of high-risk/low-frequency crimes and community sues that affect area safety and quality of life, Designing and developing problem-solving approach to emergency response, Employing traditional and non-traditional resources to identified problems and developing plutions, Using outside government resources, Creating partnerships with community resources, Crime analysis			

Performance Outcomes

- 1. Trainee will identify and define problems encountered in an emergency situation.
- 2. Trainee will apply knowledge and demonstrate proper solutions to problems in emergency situations.
- 3. Trainee will explain and support his/her decisions in the problem-solving process.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- Problem-Oriented Policing by Herman Goldstein
- · Fixing Broken Windows by George L. Kelling

CORE COMPETENCY PERFORMANCE OUTCOMES

B8 Community-Specific Problems

Definition

Ability to identify, prioritize, and address issues that will improve the community's quality of life while recognizing that effective problem solving is a process that identifies and addresses the underlying causes of crime and disorder in the community.

A	Abilities / Knowledge		PTO	Date
•	Anticipating community-specific problems that may result in threats to community safety or emergency response incidents, Identifying interrelationships and influences that community problems and crime may have on neighboring beats or communities, Identifying quality-of-life issues, Use of community members and resources to collaborate in the resolution of community issues, Crime analysis, Use of other government resources to support problem solutions, Community policing/POP			
•	Gang awareness			
•	Hate crimes			

Performance Outcomes

- 1. Trainee will identify and describe specific community problems in their assigned areas.
- 2. Trainee will explain and support his/her decisions dealing with community-specific problems.
- 3. Trainee will assess current community problems and make recommendations for solutions using the PBL model in the process.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- POST Learning Domain Workbook: LD #3: Policing the Community
- POST Publication: Hate Crimes Policy Guidelines

CORE COMPETENCY PERFORMANCE OUTCOMES

B9 Cultural Diversity and Special Needs Groups

Definition

Ability to understand and racial and cultural differences, and development of effective, non-combative methods of carrying out law enforcement duties in a racially and culturally diverse environment.

Abilities / Knowledge		Trainee	PTO	Date
•	Awareness of cultural or linguistic barriers during emergency situations, Dealing with individuals who have a Mental Illness			
	or other Disability			
	and are acting violently, Responding to special needs groups, Hate crimes			

Performance Outcomes

- 1. Trainee will identify the social, economic, and linguistic differences of cultural groups in his/her area.
- 2. Trainee will demonstrate the ability to assist without personal bias in an emergency situation.
- 3. Trainee will explain the ramifications of demonstrating personal bias in an emergency situation.
- 4. Given a series of scenarios or in conjunction with an actual incident involving a mentally ill or emotionally disturbed person, the trainee shall identify indicators of mental illness, intellectual disability, substance use disorders, neurological disorders, traumatic brain injury, post-traumatic stress disorder, and dementia. The training shall also address:
 - Issues related to stigma
 - Autism spectrum disorder
 - Genetic disorders, including, but not limited to, Down syndrome
 - Conflict resolution and deescalation techniques for potentially dangerous situations
 - Alternatives to the use of force when interacting with potentially dangerous persons with mental illness or intellectual disabilities
 - The perspective of individuals or families who have experiences with persons with mental illness, intellectual disability, and substance use disorders
 - Involuntary holds
 - Community and state resources available to serve persons with mental illness or intellectual disability, and how these resources can be best utilized by law enforcement

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- POST Learning Domain Workbook: LD #42: Cultural Diversity/Discrimination
- POST Publication: Police Response to People with Mental Illness or Developmental Disability A Field Guide AVAILABLE IN PRINT ONLY TO ORDER, contact POST <u>Training Program Services</u> at 916 227-4885
- POST Publication: Hate Crimes Policy Guidelines

CORE COMPETENCY PERFORMANCE OUTCOMES

B10 Legal Authority

Definition

Ability to identify and properly apply the laws related to phase-specific situations.

Abilities / Knowledge	Trainee	PTO	Date
 Case law, Detention and search parameters, Obligations of arrest authority, High liability issues (pursuits, PIT maneuvers, fleeing felons, etc.), Use of force 			
 Tenant/landlord issues, Legal powers during a criminal investigation, Knowledge of criminal and civil processes, Rules of evidence, Arrest warrants 			
Search warrants			
Search and seizure			
Use of California codes and law, including Criminal law			
- Vehicle Code			
- Probable Cause			
- Laws of Arrest			
- Juvenile Law and Procedure			
Additional laws (ABC, Probation, Parole)			

Performance Outcomes

- 1. Trainee will identify his/her lawful authority within policy and statute in an emergency response.
- 2. Trainee will demonstrate lawful authority during emergency responses with regard to policies, procedures, and statutes.
- 3. Trainee will assess his/her use and effectiveness of available resources in an emergency situation.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- California Peace Officer Legal Sourcebook
- Applicable POST Learning Domain Workbooks

CORE COMPETENCY PERFORMANCE OUTCOMES

B11 Individual Rights

Definition

Ability to identify and apply the constitutional rights governing consensual encounters, detentions, and arrests.

Abilities / Knowledge		PTO_	Date
 Awareness of constitutional rights during emergencies, Rules of search and seizure, Individual's rights while in custody, Racially-biased policing, Individual's rights during a criminal investigation, Search Concepts 			
Seizure Concepts			
Legal Responsibility/Required with Prisoners			
Miranda rights			

Performance Outcomes

- 1. Trainee will define individual rights in emergency situations.
- 2. Trainee will demonstrate his/her knowledge of individual rights in emergency situations.
- 3. Trainee will evaluate his/her knowledge and application of individual rights in emergency situations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

CORE COMPETENCY PERFORMANCE OUTCOMES

B12 Officer Safety

Definition

Ability to demonstrate situational and tactical awareness and respond appropriately.

Abilities / Knowledge	Trainee	PTO	Date
 Proper use of equipment including firearms, handcuffs, and less weapons, Controlling the scene of an emergency, Employing tactics such as tactical retreats, Taking custody of violent or are Cover vs. concealment 	situational		
 Effective searches of persons and scenes during emergencies, Positioning a vehicle during emergency situations 			
 Bloodborne pathogens, Handling hazardous evidence, Identifi hazardous materials such as explosive devices and improvised Critical incident response 			
Handling crimes in progress			
Domestic violence			
Felony/high risk vehicle stops			
Demonstrates awareness of officer survival techniques			

Performance Outcomes

- 1. Trainee will describe and identify officer safety skills necessary during an emergency response.
- 2. Trainee will demonstrate officer safety skills during all emergency responses.
- 3. Trainee will assess his/her performance in officer safety during all emergency responses.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

CORE COMPETENCY PERFORMANCE OUTCOMES

B13 Communication Skills

Definition

Ability to use effective verbal and non-verbal skills to convey intended meaning and establish understanding.

A	bilities / Knowledge	Trainee	PTO	Date
•	Professional and appropriate communication with the public and co-workers, Procedures for using the police radio during an emergency response			
•	Use of computer, Information Systems/Telecommunications			
•	Radio Communications			
•	Voice control and command during an emergency response			
•	Tactical communication, Sharing information within the organization, Effective writing and note taking, Active listening, Proper release of information procedures			

Performance Outcomes

- 1. Trainee will describe the many different communication skills used during an emergency response situation.
- 2. Trainee will demonstrate effective communication skills during an emergency response situation.
- 3. Trainee will assess his/her communication in an emergency response situation.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

CORE COMPETENCY PERFORMANCE OUTCOMES

B14 Ethics

Definition

Ability to apply accepted principles of conduct that govern decisions and actions based on professional values and expectations.

Abilities / Knowledge

<u>Trainee</u> <u>PTO</u> <u>Date</u>

Identifying inappropriate responses in emergency responses, Scope and
authority of the police officer position, Abuse of power, Respecting
privacy concerns of victims, Responding to emergency field activities in a
proportionate manner, Displaying professional behavior on duty, Mitigating
conflicts of interests between law enforcement and the community in
emergency situations, Demonstrates a proactive work ethic (including time
management and attendance)

Performance Outcomes

- 1. Trainee will identify ethical behavior expected of a professional law enforcement officer in an emergency situation.
- 2. Trainee will demonstrate ethical behavior in emergency situations.
- 3. Trainee will assess the importance of ethical behavior so as to maintain the public trust in emergency situations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- Law Enforcement Code of Ethics
- POST Publication: Becoming an Exemplary Peace Officer An Introduction to Peace Officer Training

CORE COMPETENCY PERFORMANCE OUTCOMES

B15 Lifestyle Stressors / Self-Awareness / Self-Regulation

Definition

Ability to maintain self-control and making timely, rational decisions in stressful situations; ability to identify areas in need of improvement and self confidence; and awareness of public image, personal biases, and self- motivation.

Abilities / Knowledge	<u>Trainee</u>	PTO	Date
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Debriefing personnel effectively, Ability to identify areas in need of improvement, Awareness of situations that cause personal stress,
Remaining calm and making rational decisions, Participating in situational debriefings, Assessing mental alertness and self confidence, Awareness of post traumatic stressors, Dealing with shift work, Awareness of public image, Awareness of personal biases, Realizing the impact of police activities on the community, Balancing workload, Self motivation, Having a sense of self awareness (e.g., strengths and weaknesses)

Performance Outcomes

- 1. Trainee will identify what stressors affect his/her performance in emergency situations.
- 2. Trainee will apply self-awareness and self-regulation in emergency situations.
- 3. Trainee will assess his/her level of self-awareness and self-regulation in emergency situations and decide if his/her lifestyle stressors should be adjusted.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #32: Lifetime Fitness

COMPONENTS

WEEKS 9–11

LEARNING ACTIVITIES

- Learning Matrix
- Trainee Journaling
- PTO Training Progress Notes
- Focus Activities

EVALUATION ACTIVITIES

- Problem-Based Learning Exercise
 - ► PBLE #3 Disorderly Youths in Park

NEIGHBORHOOD PORTFOLIO EXERCISE (NPE) – To be determined

CORE COMPETENCY PERFORMANCE OUTCOMES

- C1 Police Vehicle Operations
- C2 Conflict Resolution
- C3 Use of Force
- C4 Local Procedures, Policies, and Ordinances
- C5 Report Writing
- C6 Leadership
- C7 Problem-Solving Skills
- C8 Community-Specific Problems
- C9 Cultural Diversity and Special Needs Groups
- C10 Legal Authority
- C11 Individual Rights
- C12 Officer Safety
- C13 Communication Skills
- C14 Ethics
- C15 Lifestyle Stressors/Self-Awareness/Self-Regulation

TRAINING PHASE FOCUS ACTIVITIES

Trainee	Badge/ID	РТО	Badge/ID

INSTRUCTIONS: Focus Activities are high-frequency events that are agency-specific for each Training Phase (A,B,C,D). The activities should encompass all aspects of responding to or completing the activity. The goals of the focus activities listed below center on the <u>Performance Outcomes</u> for this specific phase.

		ENTER DATE(S)		
	FOCUS ACTIVITIES — PHASE A	OBSERVED	DISCUSSED	APPLIED
1	EXAMPLE: Traffic stops			
2	EXAMPLE: Traffic citations			
3				
4				
5				
6				
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PROBLEM-BASED LEARNING EXERCISE

□ VERBAL REPORT
 □ WRITTEN REPORT

PBLE #3: Disorderly Youths in Park

You are patrolling in your area and a woman near a park stops you. She reports that in the past several months she and several other residents have been having trouble with disorderly youths hanging around in the park. The park is surrounded on three sides by local residences with numerous walkway exits to surrounding streets. The local high school is situated directly opposite the park. A records check indicates that neighbors and school officials have called the police about the youths in the park on numerous occasions. Police reports describing trespassing, burglaries, larceny, drug usage, and disorderly conduct have been filed over the past six months. These events occurred during both daytime and evening hours. Uniform and plainclothes police have responded in the past with little effect.

INSTRUCTIONS TO TRAINEE: You must present two or more possible outcomes for this problem-based learning exercise to your PTO. In each instance, you must include the following:

IDEAS: Record your initial responses.	What are your initial thoughts on solvExplain to your PTO two possible way	•	ituation.		
KNOWN FACTS: List all known facts.	 What do you know? EXAMPLE: Previous police efforts have had little consequences. There is a school opposite the park, etc. 				
LEARNING ISSUE: Use the <u>Learning Matrix</u> to identify relevant content for each decision.	 What do you need to know to solve this problem? Where can you find it? What resources are available to solve this problem? EXAMPLES: Describe local resources you may contact, information you require, or other people you would consult for each possible outcome. What laws do you need to know and what are the procedures for dealing with local schools? 				
ACTION PLAN:	 What are you going to do to meet your learning needs? What are the possibilities to resolve the problem? REMINDER: This is an ill-structured problem; your action plan does not have a simple solution. 				
PRESENTATION/ EVALUATION:	 The trainee, in consultation with the PTO, will determine the best method to present solutions to this problem. These may include a verbal report, a written report, a formal presentation, demonstrations incorporating examples from your patrol work with your PTO, or other methods that best suit your abilities. Use the <u>PBLE Guideline</u> to complete a PBLE written or verbal report. 				
PTO Name:		Badge/ID:	WEEKS 9-11		
Present your findings to your PTO or	n this date:	Time (if verbal):	AM _ PM		
Your method of presentation will be	:				

OTHER:

☐ FORMAL PRESENTATION/DEMONSTRATION

1b. Describe the core competencies that you developed during this exercise.

PRO	PROBLEM-BASED LEARNING EXERCISE — GUIDELINE					
PBL	E #3: Disorderly Youths in Park					
Trainee		Badge/ID	Report Date:			
РТО		Badge/ID	WRITTEN REPORT VERBAL REPORT			
	INSTRUCTIONS TO TRAINEE: Use your <u>learning matrix</u> to answer questions 1–5 for your <i>written</i> or <i>verbal</i> report.					
Trair	nee Comments	PTO Comment	S			
1a.	What did you learn from this community problem? (Use specific examples and refer to the cells in the matrix.)					

PBLE Guideline: Phase C

PBLE #3: Disorderly Youths in Park

Trai	nee Comments	PTO Comments
3a.	Identify important information or skills that you acquired during this	
3b.	problem-solving exercise. Explain why you chose these (e.g., to identify laws, contacts, or behaviors that you will use again).	
4a. 4b.	Evaluate your own problem-solving process regarding the listing of known facts, finding answers to questions, and devising the action plan. Did you list all the facts?	
4c. 4d.	Did you ask the right questions? What questions would you ask now? Was your action plan realistic and achievable?	
40.	vas your action plan realistic and active able:	
5a.	What competencies, skills, community contacts, and knowledge do you need to improve or develop more fully to deal with this type of problem in the future?	
5b.	Explain and indicate how you intend to improve or develop these?	
		<u> </u>

PROBLEM-BASED LEARNING EXERCISE — COMPLETED

PBLE #3: Disorderly Youths in Park				
Trainee	Badge/ID	РТО		Badge/ID
PRESENTATION FORMAT				
Officer/Deputyusing one of the following format or		completed	this PBLE for this ph	ase
□ VERBAL REPORT	☐ FORMAL	PRESENTATION/DEMO	NSTRATION	
□ WRITTEN REPORT	□ OTHER:			
DOCUMENTATION (briefly describe form an	nd location of do	cumentation)		
The officer/deputy in training satisfa This learning is documented as follo		ed this exercise and solv	ed his/her learning i	ssues.
SIGNATURES				
Trainee			Date	
рто ▶			Date	
PTP SAC (Print Full Name):			Badge/ID:	
DTD CAC IN			Dete	
PTP SAC >			Date	

CORE COMPETENCY PERFORMANCE OUTCOMES

C1 Police Vehicle Operations

Definition

Ability to operate a patrol vehicle in a safe and efficient manner and to position the vehicle appropriate to the situation.

Abilities / Knowledge		PTO	Date
Patrol vehicle inspections			
(one- versus two-officer patrol responsibilities), Checking businesses and other properties for security, Maintaining geographic location awareness, Patrol driving, Vehicle positioning, Traffic stops			
Situational awareness, Vehicle maintenance, Directed and beat patrol strategies			

Performance Outcomes

- 1. Trainee will describe safe and proper vehicle operations.
- 2. Trainee will demonstrate the proper use of a patrol vehicle during patrol operations.
- 3. Trainee will assess and evaluate patrol vehicle operation.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- · California Vehicle Code
- Department Policy

C2 Conflict Resolution					
Definition Ability to mediate disagreements by resolving a conflict using appropriate comm	nunication	skills.			
Abilities / Knowledge	Trainee	PTO_	Date		
 Fostering collaboration among divergent groups, Community meeting facilitation skills, Dealing with conflict styles within the community, Communicating and exchanging views with dissatisfied citizens, Developing interpersonal relationships, Dealing with witnesses and victims, Using tactical communication to gain voluntary compliance 					
Abilities / Knowledge					
Fostering collaboration among divergent groups, Community meeting facilitation skills, Dealing with conflict styles within the community, Communicating and exchanging views with dissatisfied citizens, Developing interpersonal relationships, Dealing with witnesses and victims, Using tactical communication /					

Performance Outcomes

- 1. Trainee will identify situations that can create conflict.
- 2. Trainee will apply and demonstrate appropriate communication and problem-solving skills to resolve conflict.
- 3. Trainee will assess situations of conflict and recommend an appropriate course of action for resolution.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #24: Handling Disputes/Crowd Control

CORE COMPETENCY PERFORMANCE OUTCOMES

C3 Use of Force

Definition

Ability to distinguish and apply reasonable force options in given circumstances in accordance with state law and agency policy and procedure.

Abilities / Knowledge	Trainee	PTO	Date
 Communication and dialogue in use of force situations, Body positioning during contacts 			
Use of contact/cover concepts			
 Applying the legal/ethical use of force matrix/continuum, Use of lethal and less than lethal weapons, Physical arrests 			
and detentions			
Maintaining and securing equipment			

Performance Outcomes

- 1. Trainee will define and describe the use-of-force options.
- 2. Trainee will apply and demonstrate the reasonable amount of force necessary to resolve a situation safely.
- 3. Trainee will evaluate use-of-force techniques in patrol situations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #20, Use of Force

CORE COMPETENCY PERFORMANCE OUTCOMES

C4 Local Procedures, Policies, and Ordinances

Definition

Ability to demonstrate knowledge of procedures or policies developed by the agency to address tactics or required actions in given circumstances.

Abilities / Knowledge		<u>Trainee</u>	PTO	Date
•	Understanding geographic responsibilities (e.g., area and beat responsibilities), Assisting other emergency services (e.g., fire department), Strategies and procedures for dealing with community support services (e.g., school districts, social services), Policies and regulations governing pre-patrol issues			
•	Preparing and reporting for duty			
•	Local non-criminal statutes and regulations for minimizing community safety issues (e.g., fire and building codes), Federal law, State statutes, Municipal code, General orders, Organizational philosophy, Agency policies, procedures, and protocols, Missing persons			
•	Gang awareness			
•	Hate crimes			
•	Self-initiated activities (such as vehicle stops, pedestrian stops, directed patrol, arrests)			

Performance Outcomes

- 1. Trainee will collect, explain, and describe the state, county, and municipal laws, local procedures and policies as they apply to patrol activities.
- 2. Trainee will apply laws, policies, and procedures for all appropriate enforcement action.
- 3. Trainee will discriminate between state, county, and municipal laws governing within their area of responsibility.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• California Peace Officer Legal Sourcebook

CORE COMPETENCY PERFORMANCE OUTCOMES

C5 Report Writing

Definition

Ability to document required reports in a factual, accurate, clear, concise, complete, and timely manner.

Abilities / Knowledge	<u>Trainee</u>	PTO	Date
Maintaining accurate and legible journaling/training progress notes			
 Maintaining and understanding criminal information bulletins, Engaging in legal and related field interviews, Report forms and departmental administrative reports, Outline system for case preparation, Producing clear, concise, and grammatically correct reports 			
Field notes			
Report writings			
Impounding vehicles			
Storing vehicles			
Vehicle collisions			
DUI investigations			
Missing persons			

Performance Outcomes

- 1. Trainee will describe what types of patrol activities require documentation.
- 2. Trainee will demonstrate the ability to document patrol activities as required.
- 3. Trainee will accurately assess which patrol activities require documentation.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #18: Investigative Report Writing

Include any additional agency-approved resource information below:

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CORE COMPETENCY PERFORMANCE OUTCOMES

C6 Leadership

Definition

Ability to influence people while using ethical values and goals to produce an intended change.

Abilities / Knowledge

Trainee PTO Date

 Influencing people to solve their own problems, Engaging in peer assistance, Creating community partnerships, Ethical behavior, Role modeling and mentoring, Providing leadership through service and values

Performance Outcomes

- 1. Trainee will explain his/her leadership role in patrol situations.
- 2. Trainee will display leadership ability in patrol situations.
- 3. Trainee will evaluate his/her own leadership ability in patrol situations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- POST Learning Domain Workbook: LD #1: History, Professionalism, and Ethics
- POST Publication: Becoming an Exemplary Peace Officer An Introduction to Peace Officer Training

CORE COMPETENCY PERFORMANCE OUTCOMES

C7 Problem-Solving Skills

Definition

Ability to analyze situations, identify the real problem, and implement plans to solve problems in a timely manner using verbal or physical skills to determine the appropriate resolution to a situation.

Abilities / Knowledge		<u>Trainee</u>	PTO	Date
•	Critically assess a call and address primary and secondary issues			
•	Taking control of a call and making the appropriate disposition			
•	Using the PBL process (ideas, known facts, learning issues, action plan, evaluation)			
	and strategies to scan and analyze community problems (such as crime mapping, crime analysis, CPTED, community surveys), Internet research, Incorporating directed patrol and other strategies for responding to other community problems, Mobilizing other governmental resources, community resources, and community partnerships to respond to community problems, Implementing problem-oriented policing strategies to identify solutions to community problems, Community relations and service			

Performance Outcomes

- 1. Trainee will identify and define problems encountered during patrol activities.
- 2. Trainee will apply knowledge and demonstrate proper solutions to problems during patrol activities.
- 3. Trainee will use the PBL guidelines to analyze and explain solutions for a current problem occurring in the beat.

NOTE: See Volume 1, <u>Appendix H</u>, for POST's **Minimum Content Areas** for training manuals.

Resource Material

- Problem-Oriented Policing by Herman Goldstein
- Fixing Broken Windows by George L. Kelling

CORE COMPETENCY PERFORMANCE OUTCOMES

C8 Community-Specific Problems

Definition

Ability to Identify, prioritize, and address issues that will improve the community's quality of life while recognizing that effective problem solving is a process that identifies and addresses the underlying causes of crime and disorder in the community.

Abilities / Knowledge		<u>Trainee</u>	PTO	Date
•	Urban versus rural issues, Special events, Identifying the interrelationships and influences that community problems and crime may have on neighboring beats or communities, Identifying quality-of-life issues, Use community members and resources to collaborate in resolving of community issues, Crime analysis, Use of other government resources to support problem solutions, Community policing/POP			
	Gang awareness			
•	Hate crimes			

Performance Outcomes

- 1. Trainee will identify and describe specific-community problems within his/her assigned areas. .
- 2. Trainee will apply specific course(s) of action to solve community-specific problems.
- 3. Trainee will judge the effectiveness of a course of action.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #3: Policing the Community

CORE COMPETENCY PERFORMANCE OUTCOMES

C9 Cultural Diversity and Special Needs Groups

Definition

Ability to understand and respect racial and cultural differences, and develop effective, non-combative methods to carry out law enforcement duties in a racially and culturally diverse environment.

Abilities / Knowledge		PTO	Date
 Awareness of and participation in the local community customs and cultural events, Responding to special needs populations, Language barriers and other cultural differences, Developing contacts with different minority and cultural groups, Cultural sensitivity to racial profiling 			
Hate crimes			

Performance Outcomes

- 1. Trainee will identify different needs of various cultural and special needs groups in his/her area.
- 2. Trainee will relate and modify his/her actions, as well as demonstrate empathy, when dealing with cultural and special needs groups.
- 3. Trainee will evaluate his/her actions in dealing with different cultural and special needs groups.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- POST Learning Domain Workbook: LD #42: Cultural Diversity/Discrimination
- POST Publication: Hate Crimes Policy Guidelines

CORE COMPETENCY PERFORMANCE OUTCOMES

C10 Legal Authority

Definition

Ability to identify and properly apply the laws related to phase-specific situations.

Abilities / Knowledge	Trainee	PTO	Date
 Legal vehicle stops, Detaining and arresting individuals, Landlord/tenant issues, Vehicle safety inspections, Non-criminal laws (e.g., fire and building codes, licensing), Departmental, state, and local laws regarding police misconduct 			
Case law, Detention and search parameters			
 Obligations of arrest authority, High liability issues (pursuits, PIT maneuvers, fleeing felons, etc.), Use of force, Legal powers during a criminal investigation, Criminal and civil processes, Rules of evidence, Arrest warrants 			
Search warrants			
Use of California codes and law, including: Criminal Laws Vehicle Code Probable Cause Laws of Arrest Juvenile Law and Procedures			
Additional laws (ABC, Probation, Parole)			

Performance Outcomes

- 1. Trainee will identify define legal authority as it applies to criminal investigations.
- 2. Trainee will demonstrate lawful authority during patrol activities with regard to policies, procedures, and statutes.
- 3. Trainee will assess his/her use and effectiveness of lawful authority during patrol activities.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- California Peace Officer Legal Sourcebook
- Applicable POST Learning Domain Workbooks

CORE COMPETENCY PERFORMANCE OUTCOMES

C11 Individual Rights

Definition

Ability to identify and apply the constitutional rights governing consensual encounters, detentions, and arrests.

Abilities / Knowledge		<u>Trainee</u>	PTO	Date
Departmental police to make decisions	y and legal issues regarding the use of race and ethnicity			
• Racial profiling				
criminal groups, In	to community notifications of sexual predators and other dividual's rights while in custody, Racially- biased policing, uring a criminal investigation, Search concepts			
• Seizure concepts		. <u></u>		
 Legal responsibility 	/required with prisoners			

Performance Outcomes

- 1. Trainee will define and identify specific court cases, policies, and laws as they pertain to custodial and non-custodial contacts.
- 2. Trainee will apply demonstrate his/her ability to relate to specific court cases, laws, and policies to custodial and non-custodial contacts.
- 3. Trainee will support his/her actions through established case law, statutory laws, and policies.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

CORE COMPETENCY PERFORMANCE OUTCOMES

C12 Officer Safety

Definition

Ability to demonstrate situational and tactical awareness and respond appropriately.

A	Abilities / Knowledge		PTO_	Date
•	Using seatbelts, Using other safety equipment (e.g., flares, etc.), Transporting prisoners			
•	Transporting members of the public, Developing community partnerships to enhance officer safety, Cover vs. concealment, Effective searches of persons and scenes			
•	Proper vehicle positioning, Pedestrian stops, Police patrol techniques			
•	Demonstrates awareness of officer survival technique			

Performance Outcomes

- 1. Trainee will describe his/her knowledge and understanding of appropriate officer safety techniques.
- 2. Trainee will demonstrate proper officer safety techniques in all patrol situations.
- 3. Trainee will constantly assess and improve the effectiveness of his/her officer safety techniques.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

CORE COMPETENCY PERFORMANCE OUTCOMES

C13 Communication Skills

Definition

Ability to use effective verbal and non-verbal skills to convey intended meaning and establish understanding.

A	bilities / Knowledge	<u>Trainee</u>	PTO_	Date
•	Radio and computer procedures, Information systems/ telecommunications			
•	Radio communications			
•	Internal administrative reporting procedures			
•	Obtaining and sharing information with crime analysis, Creating communication opportunities for fostering community cooperation, if applicable (e.g., web pages, newsletters for community meetings), Professional and appropriate communication with the public and co-workers, Voice control and command			
•	Tactical communication, Sharing information within the organization, Effective writing and note taking, Active listening			
•	Proper release of information procedures			

Performance Outcomes

- 1. Trainee will describe the many different communication skills used during patrol activities.
- 2. Trainee will demonstrate effective communication skills during patrol activities.
- 3. Trainee will assess his/her communication in patrol activities.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

CORE COMPETENCY PERFORMANCE OUTCOMES

C14 Ethics

Definition

Ability to apply accepted principles of conduct that govern decisions and actions based on professional values and expectations.

Abilities / Knowledge		PTO	Date
 Appropriate professional behavior on and off duty, Balance between individual rights and community and crime control needs, Conflict of interest issues between law enforcement and the community, Scope and authority of the police officer position, Abuse of power, Respecting privacy concerns of victims, Demonstrates a proactive work ethic (including time management and attendance) 			

Performance Outcomes

- 1. Trainee will define ethics as it pertains to law enforcement.
- 2. Trainee will demonstrate sound ethical practices.
- 3. Trainee will assess his/her use of ethical practices.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- Law Enforcement Code of Ethics
- <u>POST Publication</u>: Becoming an Exemplary Peace Officer An Introduction to Peace Officer Training

CORE COMPETENCY PERFORMANCE OUTCOMES

C15 Lifestyle Stressors / Self-Awareness / Self-Regulation

Definition

Ability to maintain self-control and make timely, rational decisions in stressful situations; ability to identify areas in need of improvement and self confidence; and awareness of public image, personal biases, and self-motivation.

Abilities / Knowledge		<u>Trainee</u>	PTO	Date
 Eating habits, Dealing with partners with differ to establish open dialogue and communication programs, Awareness of public image, Creating safety, Identify areas in need of improvement, cause personal stress, Remaining calm and management 	Local employee assistance initiatives to enhance community Awareness of situations that			
 Assessing mental alertness and self confidence biases, Realizing the impact of police activities workload, Self-motivation, Having a sense of seand weaknesses) 	on the community, Balancing			

Performance Outcomes

- 1. Trainee will identify what stressors affect his/her performance in patrol situations.
- 2. Trainee will apply self-awareness and self-regulation in patrol situations.
- 3. Trainee will assess his/her level of self-awareness and self-regulation in patrol situations and decide if his/her lifestyle stressors should be adjusted.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #32: Lifetime Fitness

COMPONENTS

WEEKS 12-14

LEARNING ACTIVITIES

- Learning Matrix
- Trainee Journaling
- PTO Training Progress Notes
- Focus Activities

EVALUATION ACTIVITIES

- · Problem-Based Learning Exercise
 - ▶ PBLE #4 Domestic Dispute

NEIGHBORHOOD PORTFOLIO EXERCISE (NPE) – To be determined

CORE COMPETENCY PERFORMANCE OUTCOMES

- D1 Police Vehicle Operations
- D2 Conflict Resolution
- D3 Use of Force
- D4 Local Procedures, Policies, and Ordinances
- D5 Report Writing
- D6 Leadership
- D7 Problem-Solving
- D8 Community-Specific Problems
- D9 Cultural Diversity and Special Needs Groups
- D10 Legal Authority
- D11 Individual Rights
- D12 Officer Safety
- D13 Communication Skills
- D14 Ethics
- D15 Lifestyle Stressors/Self-Awareness/Self-Regulation

TRAINING PHASE FOCUS ACTIVITIES

Trainee	Badge/ID	РТО	Badge/ID

INSTRUCTIONS: Focus Activities are high-frequency events that are agency-specific for each Training Phase (A,B,C,D). The activities should encompass all aspects of responding to or completing the activity. The goals of the focus activities listed below center on the <u>Performance Outcomes</u> for this specific phase.

		ENTER DATE(S)		5)
	FOCUS ACTIVITIES — PHASE A	OBSERVED	DISCUSSED	APPLIED
1	EXAMPLE: Crime scene investigation			
2	EXAMPLE: Evidence collection and preservation			
3	EXAMPLE: Interviewing suspects			
4				
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PROBLEM-BASED LEARNING EXERCISE

PBLE #4: Domestic Dispute

You are working with your partner on the afternoon shift when you receive a call regarding noise from a loud argument and crying children coming from an apartment in your patrol area. The neighbor who called in the complaint lives above the apartment where the disturbance is occurring. The dispatcher tells you that this is the fourth call of a similar nature in the past six weeks. No arrests were made at those calls, but the husband and wife have both been cautioned regarding the consequences of domestic assault. Upon arrival at the scene, you hear a child screaming inside and the sound of a struggle in progress. The husband answers the door and you see that both he and his wife have facial cuts. He moves into the kitchen and begins to yell at his wife. Each accuses the other of assault. Two children, ages five and three, are in the living room and both are crying. The apartment is dirty and there is qarbage strewn throughout the apartment. As you are speaking to the wife, she advises you that she wants her husband arrested for assault. She also informs you that she would like him arrested for the marijuana he has in his drawer in the bedroom. The husband denies he has any drugs in the house.

INSTRUCTIONS TO TRAINEE: You must present two or more possible outcomes for this problem-based learning exercise to your PTO. In each instance, you must include the following:

IDEAS: Record your initial responses.	What are your initial thoughts on solving this problem?Explain to your PTO two possible ways you can deal with this situation.			
KNOWN FACTS: List all known facts.	What do you know? EXAMPLE: There has been an assault. Children are on the scene. You hof drugs in the home.			
LEARNING ISSUE: Use the <u>Learning Matrix</u> to identify relevant content for each decision.	, , , , , , , , , , , , , , , , , , , ,			
ACTION PLAN:	 What are you going to do to meet your learning needs? What are the possibilities to resolve the problem? REMINDER: This is an ill-structured problem; your action plan does not have a simple solution. 			
PRESENTATION/ EVALUATION:	·			
PTO Name:		Badge/ID:	WEEKS 12-14	
Present your findings to your PTO on this date:		Time (if verbal):	АМ _ РМ	
Your method of presentation will be: VERBAL REPORT FORMAL PRESENTATION/DEMONSTRATION WRITTEN REPORT OTHER:				

PRC	PROBLEM-BASED LEARNING EXERCISE — GUIDELINE						
PBI	.E #4: Domestic Dispute						
·		Badge/ID	Report Date: WRITTEN REPORT				
PTO		Badge/ID	☐ VERBAL REPORT				
	INSTRUCTIONS TO TRAINEE: Use your <u>learning matrix</u> to answer questions 1–5 for your	written or verb	al report.				
Trai	nee Comments	PTO Comment	S				
1a.	What did you learn from this community problem? (Use specific examples and refer to the cells in the matrix.)						
1b.	Describe the core competencies that you developed during this exercise.						

- **2a.** Did you initially formulate assumptions (ideas) that you later realized would not work? Explain.
- **2b.** Could these assumptions be transferred to another problem? Where?

PBLE Guideline: Phase D

PBLE #4: Domestic Dispute

Trair	nee Comments	PTO Comments
		1 To comments
3a.	Identify important information or skills that you acquired during this problem-solving exercise.	
3b.	Explain why you chose these (e.g., to identify laws, contacts, or behaviors that you will use again).	
4a.	Evaluate your own problem-solving process regarding the listing of known facts, finding answers to questions, and devising the action plan.	
4b. 4c.	Did you list all the facts? Did you ask the right questions? What questions would you ask now?	
4d.	Was your action plan realistic and achievable?	
	What are shown in a shill a second in a set of the second in a set of the second in a seco	
5a.	What competencies, skills, community contacts, and knowledge do you need to improve or develop more fully to deal with this type of problem in the future?	
5b.	Explain and indicate how you intend to improve or develop these?	

PROBLEM-BASED LEARNING EXERCISE — COMPLETED

PBLE #4: Domestic Dispute				
Trainee	Badge/ID	РТО		Badge/ID
PRESENTATION FORMAT				
Officer/Deputyusing one of the following format opt		completed	this PBLE for this ph	ase
□ VERBAL REPORT		PRESENTATION/DEMO	NSTRATION	
□ WRITTEN REPORT				
DOCUMENTATION (briefly describe form and	d location of doc	cumentation)		
The officer/deputy in training satisfactory This learning is documented as follows:		ed this exercise and solv	ed his/her learning i	ssues.
CIONATURES				
SIGNATURES			Data	
Trainee -			Date	
PTO •			Date	
PTP SAC (Print Full Name):			Badge/ID:	
PTP SAC ▶			Date	

CORE COMPETENCY PERFORMANCE OUTCOMES

D1 Police Vehicle Operations

Definition

Ability to operate a patrol vehicle in a safe and efficient manner and to position the vehicle appropriate to the situation.

Abilities / Knowledge Criminal investigation involving police vehicles, Patrol driving, Vehicle positioning, Traffic stops, Situational awareness, Directed and beat patrol strategies

Performance Outcomes

- 1. Trainee will describe safe and proper police vehicle operations in a criminal investigation.
- 2. Trainee will apply good judgment in the safe operation and decision of positioning his/her vehicle at a crime scene.
- 3. Trainee will assess his/her driving abilities and vehicle maintenance needs.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- California Vehicle Code
- Department Policy

CORE COMPETENCY PERFORMANCE OUTCOMES

D2 Conflict Resolution

Definition

Ability to mediate disagreements by resolving a conflict using appropriate communication skills.

Abilities / Knowledge		PTO	Date
 Dealing with hostile victims, witnesses, and citizens, Handling interagency and intra-agency conflicts, Dealing with conflict styles within the community, Communicating and exchanging views with dissatisfied citizens, Developing interpersonal relationships, Using tactical communication to gain voluntary compliance 			

Performance Outcomes

- 1. Trainee will describe conflict resolution techniques to resolve disputes in the community and in the workplace.
- 2. Trainee will demonstrate conflict resolution techniques.
- 3. Trainee will evaluate his/her conflict resolution decisions.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #24: Handling Disputes/Crowd Control

CORE COMPETENCY PERFORMANCE OUTCOMES

D3 USE OF FORCE

Definition

Ability to apply reasonable force options in given circumstances in accordance with state law and agency policy and procedure.

Abilities / Knowledge	<u>Trainee</u>	PTO	Date
Use of force policy, Use of force reporting procedures			
 Communication and dialogue in use of force situations, Body positioning during contacts, Use of contact/cover concepts 			
 Applying the use of force matrix/continuum, Use of lethal and less-lethal weapons, Physical arrests and detentions, Maintaining and securing equipment 			

Performance Outcomes

- 1. Trainee will define and describe the use-of-force options.
- 2. Trainee will apply and demonstrate the reasonable amount of force necessary to resolve a situation safely.
- 3. Trainee will evaluate use-of-force techniques.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook, LD #20, Use of Force

CORE COMPETENCY PERFORMANCE OUTCOMES

D4 Local Procedures, Polices, and Ordinances

Definition

Ability to apply procedures or policies developed by the agency to address tactics or required actions in given circumstances.

Abilities / Knowledge	<u>Trainee</u>	PTO	Date
 Regulations regarding enforcing and investigating legal codes such as drug offenses, Criminal offenses, Crimes against persons and property, etc., Using forensic and other investigative strategies effectively, Geographic responsibilities (e.g., area and beat responsibilities), Local non-criminal statutes and regulations for minimizing community safety issues (e.g., fire codes, building codes), Federal law, State statutes, Municipal code, General orders, Organizational philosophy, Agency policies, procedures, and protocols, Missing persons 			
Self-initiated activities (such as vehicle stops, pedestrian stops, directed patrol, arrests)			

Performance Outcomes

- 1. Trainee will identify and define the most commonly used state, local, and federal laws as they pertain to criminal investigations.
- 2. Trainee will apply the most commonly used state, local, and federal laws that pertain to criminal investigations.
- 3. Trainee will evaluate his/her application of state, local, and federal laws that pertain to criminal investigations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• California Peace Officer Legal Sourcebook

<u>Trainee</u>

Phase D Criminal Investigation

PTO_

__Date__

CORE COMPETENCY PERFORMANCE OUTCOMES

D5 Report Writing

Definition

Ability to document required reports in a factual, accurate, clear, concise, complete, and timely manner.

Abilities / Knowledge

Departmental regulations regarding writing reports on criminal and court-related investigation, Taking statements, Preparing cases, Maintaining accurate and legible notes, Maintaining and understanding criminal information bulletins, Engaging in legal and related field interviews, Report forms and departmental administrative reports, Producing clear, concise, and grammatically correct field notes and report writing

Performance Outcomes

- 1. Trainee will describe how to construct reports in an objective, concise, and accurate manner.
- 2. Trainee will demonstrate his/her ability to select and then complete the appropriate reports for specific incidents.
- 3. Trainee will evaluate content and accuracy of investigative reports.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #18: Investigative Report Writing

CORE COMPETENCY PERFORMANCE OUTCOMES

D6 Leadership

Definition

Ability to influence people while using ethical values and goals to produce an intended change.

Abilities / Knowledge

Trainee PTO Date

 Influencing people to solve their own problems, Engaging in peer assistance, Creating community partnerships, Ethical behavior, Role modeling and mentoring, Providing leadership through service and values

Performance Outcomes

- 1. Trainee will explain his/her leadership role in investigative situations.
- 2. Trainee will display leadership ability in investigative situations.
- 3. Trainee will evaluate his/her own leadership ability in investigative situations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #1: History, Professionalism, and Ethics

CORE COMPETENCY PERFORMANCE OUTCOMES

D7 Problem-Solving Skills

Definition

Ability to analyze situations, identify the real problem, and implement plans to solve problems in a timely manner using verbal or physical skills to determine the appropriate resolution to a situation.

A	Abilities / Knowledge		PTO	Date
•	Critically assessing a call and addressing primary and secondary issues			
•	Taking control of a call and making the appropriate disposition			
•	Using the PBL process (ideas, known facts, learning issues, action plan, evaluation), Understanding the importance of providing thorough and competent initial investigative information to investigators, Employing traditional and non-traditional resources to identified problems and developing solutions, CPTED			

Performance Outcomes

- 1. Trainee will identify and define problems encountered during investigative activities.
- 2. Trainee will apply knowledge and demonstrate proper solutions to problems during investigative activities.
- 3. Trainee will use the PBL guidelines to analyze and evaluate solutions for criminal investigations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- Problem-Oriented Policing by Herman Goldstein
- Fixing Broken Windows by George L. Kelling

CORE COMPETENCY PERFORMANCE OUTCOMES

D8 Community-Specific Problems

Definition

Ability to Identify and prioritize the issues in the community that address the underlying causes of crime and disorder.

Abilities / Knowledge	<u>Trainee</u>	PTO	Date
 Understanding the reality of community perceptions and influences on community crime and quality-of-life issues, Using community members and resources to collaborate in the resolution of community issues, Crime analysis, Use of other government resources to support problem solutions, Community policing/POP 			
Gang awareness			

Performance Outcomes

- 1. Trainee will identify resources for community-specific problems.
- 2. Trainee will utilize resources to address community-specific problems.
- 3. Trainee will evaluate the use of resources to address community-specific problems.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

POST Learning Domain Workbook: LD #3: Policing the Community

CORE COMPETENCY PERFORMANCE OUTCOMES

D9 Cultural Diversity and Special Needs Groups

Definition

Awareness of racial and cultural differences and ability to demonstrate effective methods of carrying out law enforcement duties in a culturally diverse community.

A	Abilities / Knowledge		PTO	Date
•	Cultural differences relevant to investigations (e.g., poor perceptions of police by some groups from other countries, Social diversity issues related to investigations (e.g., dealing with people with mental illnesses, developmental disabilities, etc.), Awareness of and participation in the local community customs and cultural events, Responding to special needs population, Language barriers, Developing contacts with different minority and cultural groups, Cultural sensitivity to racial profiling			
•	Hate crimes			

Performance Outcomes

- 1. Trainee will identify different needs of various cultural and special needs groups during criminal investigations.
- 2. Trainee will relate and modify his/her actions, as well as demonstrate empathy, when dealing with cultural and special needs groups.
- 3. Trainee will evaluate his/her actions in dealing with different cultural and special needs groups.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- POST Learning Domain Workbook: LD #42: Cultural Diversity/Discrimination
- POST Publication: Police Response to People with Mental Illness or Developmental Disability A Field Guide AVAILABLE IN PRINT ONLY – TO ORDER: Contact POST Training Program Services at 916 227-4885
- POST Publication: Hate Crimes Policy Guidelines

CORE COMPETENCY PERFORMANCE OUTCOMES

D10 Legal Authority

Definition

Ability to identify and properly apply the laws related to phase-specific situations.

Abilities / Knowledge	Trainee	PTO_	Date
Understanding legal powers for criminal investigation (investigations)			
Court procedures and evidentiary rules (courtroom testimony)			
 Issues related to warrant, warrantless, and improper searches, High-liability issues and case law, Procedures for handling property and evidence 			
Procedures for securing scenes for court presentations			
 Procedures for taking witness, victim, and accused-persons statements (interviewing) 			
Use of California codes and law, including Criminal law			
- Vehicle code			
- Probable cause			
- Laws of arrest			
Juvenile law and procedure			
Additional laws (ABC, Probation, Parole)			

Performance Outcomes

- 1. Trainee will define legal authority as it applies to criminal investigations.
- 2. Trainee will use available information, concepts, and resources to maintain good working relationships with attorneys and judges.
- 3. Trainee will evaluate the limitations of his/her legal authority.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- California Peace Officer Legal Sourcebook
- Applicable POST Learning Domain Workbooks

CORE COMPETENCY PERFORMANCE OUTCOMES

D11 Individual Rights

Definition

Ability to identify and apply the constitutional rights governing consensual encounters, detentions, and arrests.

Abilities / Knowledge		PTO	Date
 Individual's rights during a criminal investigation, Fair and equitable treatment of individuals based on the U.S. Constitution, Racially biased policing, Search concepts 			
 Seizure concepts			

Performance Outcomes

- 1. The trainee will describe the Fourth Amendment, search and seizure, Miranda, and all applicable constitutional rights as they pertain to criminal investigations.
- 2. The trainee will apply case law to criminal and civil situations.
- 3. The trainee will evaluate application of case law and constitutional rights during criminal investigations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• California Peace Officer Legal Sourcebook

CORE COMPETENCY PERFORMANCE OUTCOMES

D12 Officer Safety

Definition

Ability to demonstrate situational and tactical awareness and respond appropriately.

Abilities / Knowledge		<u>Trainee</u>	PTO	Date
•	Safe handling of evidence (such as weapons, bodily fluids, etc.)			
•	Tactical awareness, Awareness of activity in the immediate surroundings, Proper use of equipment, Contact/cover concepts, Searches of persons, buildings, structures, and vehicles, Vehicle positioning, Prisoner transport, Vehicle stops, Demonstrates awareness of officer survival techniques			

Performance Outcomes

- 1. Trainee will describe appropriate officer safety techniques during criminal investigations.
- 2. Trainee will demonstrate proper officer safety techniques during criminal investigations.
- 3. Trainee will assess and improve his/her officer safety techniques.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

CORE COMPETENCY PERFORMANCE OUTCOMES

D13 Communication Skills

Definition

Ability to use effective verbal and non-verbal skills to convey intended meaning and establish understanding.

Abilities / Knowledge		_PTO	Date
 Effective writing and note taking, Active listening, Maintaining a professional demeanor and testimony in court 			
 Maintaining a professional demeanor when dealing with the public during an investigation, Rules regarding communicating with the media 			
 Procedures for taking witness statements, victim statements, and accused- person statements 			
High liability issues and case law, Radio and computer procedures, Proper release of information procedures			

Performance Outcomes

- 1. Trainee will describe the many different communication skills used during criminal investigations.
- 2. Trainee will demonstrate effective communication skills during criminal investigations.
- 3. Trainee will assess his/her communication in criminal investigations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

CORE COMPETENCY PERFORMANCE OUTCOMES

D14 Ethics

Definition

Ability to make decisions and take actions based on professional values and expectations.

A	bilities / Knowledge		PTO_	Date
•	Process for reporting internal corruption			
•	Abuse of power or excessive use of force (IA process)			
•	Applying discretion in investigation in an equitable manner, Appropriate professional behavior on and off duty, Substance abuse awareness, Balance between individual rights and community and crime control needs, Conflict of interest issues between law enforcement and the community, Scope and authority of the police officer position, Respecting privacy concerns of victims, Demonstrates a proactive work ethic (including time management and attendance)			

Performance Outcomes

- 1. Trainee will define ethics as it pertains to law enforcement.
- 2. Trainee will demonstrate sound ethical practices.
- 3. Trainee will assess his/her use of ethical practices.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

- Law Enforcement Code of Ethics
- POST Publication: Becoming an Exemplary Peace Officer An Introduction to Peace Officer Training

CORE COMPETENCY PERFORMANCE OUTCOMES

D15 Lifestyle Stressors / Self-Awareness / Self-Regulation

Definition

Ability to maintain self-control and make timely, rational decisions in stressful situations with the ability to identify areas in need of improvement; awareness of public image, personal biases, and self- motivation.

Abilities / Knowledge	<u>Trainee</u>	PTO	Date
 Ability to self-assess professionalism, competency, and fairness during criminal investigation, Awareness of post traumatic stress syndrome, Effectively managing case load and calls for service 			
 Eating habits, Dealing with partners with different lifestyles/habits, Learning to establish open dialogue and communication, Local employee assistance programs, Awareness of public image, Creating initiatives to enhance community safety, Identify areas in need of improvement, Awareness of situations that cause personal stress, Remaining calm and making rational decisions, Assessing mental alertness and self confidence, Awareness of personal biases, Realizing the impact of police activities on the community, Balancing workload, Self- motivation 			

Performance Outcomes

- 1. Trainee will maintain a professional demeanor in all contacts.
- 2. Trainee will demonstrate effective time management of workload; maintain a healthy balance between work and personal life.
- 3. Trainee will assess his/her lifestyle and recognize his/her limitations.

NOTE: See Volume 1, Appendix H, for POST's Minimum Content Areas for training manuals.

Resource Material

• POST Learning Domain Workbook: LD #32: Lifetime Fitness

End of workbook